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Amazing Herbs Black Seed Cold-Pressed Oil - 8oz ▸ [Customer Reviews](#)

Customer Reviews

3,311

4.4 out of 5 stars



Amazing Herbs Black Seed Cold-Pressed Oil...

by [Amazing Herbs](#)

Size: 8 Oz. [Change](#)

Price: **\$18.88** + \$1.99 shipping

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Not all black seeds are created equal

By Alaa on September 9, 2015

I just received this in the mail, so I cannot comment on the actual effectiveness of the product. I compared this product to Black Seed Oil that we came back with from Yemen and they are slightly different. Amazing Herbs is on the left. As you can see, it is lighter in color than the one from Yemen. When I was blindfolded to smell both oils, the scent for this wasn't AS strong as the one from Yemen. And the

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DO NOT BUY!! In comparison to the

previous ...

By AliGale on December 26, 2016

DO NOT BUY!! In comparison to the previous batches this one Lot #UC160661 is vastly less concentrated than the previous batches. I attached a picture to show the comparison, the old batch is on the right. THIS IS A COMPLETE DISHONEST RIP OFF!!!!

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Not all black seeds are created equal

By Alaa on September 9, 2015

Size: 16 oz [Verified Purchase](#)

I just received this in the mail, so I cannot comment on the actual effectiveness of the product. I compared this product to Black Seed Oil that we came back with from Yemen and they are slightly different. Amazing Herbs is on the left. As you can see, it is lighter in color than the one from Yemen. When I was blindfolded to smell both oils, the scent for this wasn't AS strong as the one from Yemen. And the taste of the Yemenese Black Seed Oil was extremely...like agonizingly pungent as opposed to the Amazing Herbs one, which, was much more moderate and tolerable (still very pungent though).

Needless to say, the Amazing Herbs Black Seed oil seems great and is able to do a phenomenal job as it is, judging by these reviews. Black Seed Oil is known to come in varying strengths, depending on its native origin/where its grown so this review is NOT meant as a reflection on the company's ethical conduct.

It is important to pay attention to the strength of the Thymoquinone content; the active ingredient in Black Seed Oil and one of the main reasons for Black seed oil's miraculous effectiveness. So the greater the Thymoquinone content, the more powerful the oil. This oil has 1.1% thymoquinone amount. The strongest Black Seed oils in the world have as much as 4.6% volatile oil and 2% thymoquinone content. I am suspecting the one we have from Yemen simply has higher Thymoquinone content than the Amazing Herbs brand. The great thing about Amazing Herbs, is the price relative to the amount. 16oz for 25 dollars is a relatively good deal *especially* with such qualitative certifications.

As far as googling goes, The Blessed Seed brand seems like the only company offering stronger Black Seed Oils (~2% Thymoquinone amount). Though 18 dollars at 3.4 oz is definitely a pretty penny. I will be ordering from them soon too and will edit this comment to compare all three. My plan is to use the Amazing Herbs brand as just a general health maintenance supplement, and on those days I have more bothersome or immediate health issues, consuming the stronger one (which I'm anticipating to be The Blessed Seed brand). Though the Amazing Herbs brand could probably work just fine for whatever health/medical intentions you have, as most of the reviewers here are implying. Hope this review helps.

Questions? Get fast answers from reviewers

What do you want to know about Amazing Herbs Black Seed Cold-Pressed Oil - 8oz?

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by Kiva Health Food

186



[Amazing Herbs Premium Black Seed Oil 1250mg 60sfg](#)

by Amazing Herbs

\$21.35

68



[8 Oz of Organic Black Seed Oil, 100% Pure Black Cumin Seed Oil Cold Pressed in the USA...](#)

by SaaQin

\$20.85

35

Edit November 2 2016:

Blessed Seed brand was about the same in potency. I'm still on the search for more potent brands. But this shall get the job done in the mean time.



4 comments

295 people found this helpful. Was this review helpful to you? [Report abuse](#)

NOT just hype. This stuff is amazing, wow!

By [Darlanne](#) on June 22, 2014

Verified Purchase

For the past 2 years I've been on a journey of natural homeopathic healing. I suffer from many health issues, and because I do not have health insurance, this has truly been my only option. And in general, I do not want to be on pharmaceuticals or unnatural treatments.

I already oil pull twice a day with pure coconut oil. I use my magnesium oil, apple cider vinegar, dead sea salt, baking soda and honey, as a part of my everyday routines. All that said, while there has been a difference in my health ... definitely, enough to keep going with it ... I have had days of total fatigue and weakness, to where it was a struggle to lift my arms over my head, and my legs felt like melted butter when I'd walk. I am also going through the change of life, which has compounded the situation. Frustrated, but still hopeful, I went back to my research, to see if there was anything else I could try.

I had known about Black Seed Oil, and that whole "it cures everything but death itself", for at least a year ... but honestly it sounded so hyped, that it put me off. However, it kept coming up in my research, so I decided to give a small bottle a try.

I started out with a simple teaspoon. After dealing with the horrific tasting likes of apple cider vinegar, (which I can take a teaspoon straight if I have to), I found the black seed oil to be a BREEZE to taste and swallow. Both my daughters did not have any problem taking a spoonful of it (and believe me, they are WIMPS with that stuff). I did have my sister say it tasted like turpentine, but considering I almost poisoned myself as a kid when I drank from a bottle of turpentine, I think that is a gross exaggeration. Black seed oil is mostly bland, with a hint of spice in your throat, that goes away within seconds. Now that I've been taking it a few weeks, I actually look forward to the taste.

Results: After the first spoonful, literally maybe 5 minutes later, I felt ... *something*. I can't even put into words, the effect, but it was pleasant. The closest that describes it is, a "sense of well being" ... a feeling of health. I honestly thought it was just in my head, I mean what could work that quickly, right?

I have been taking it now for a few weeks and it is the most AMAZING remedy I have ever tried.

*** I have much more energy, and yet my body is calm ...

*** I can focus better and don't have that feeling of cobwebs in my head.

*** My legs and arms are not so weak.

*** It has MOST definitely positively affected my menopausal symptoms.

My girls say I am easier to be around. I'm a pleasant person normally, but when one does not feel well, we get pretty grumpy. Black seed oil has at least partially given me back my old life and my old me. Everyday I take it, I feel better and better.

WEIGHT LOSS: My 15 year old daughter is now also taking it for the past week. She reports that she too feels positive effects and it makes her want to be more active. She's taking it to lose about 15 lbs. There is a recipe for weight loss that includes 1 teaspoon Black Seed Oil, 1 teaspoon honey, and 1/2 to 1 teaspoon of organic (ceylon) cinnamon in a 6 oz cup of hot water (like a tea). She only started the recipe a week ago and her jeans are already a little loose. It's tough to get a teenager to focus on their health, they are so involved in other things, but my daughter LOVES this oil so much, she never fails to take it everyday.

I don't normally ever leave reviews this long, but I just can't say enough about it. Bottom line, this one is really not just hype. It WORKS, and for SO many things. The oil has 100 healing components which work together in a synergetic effect. If you are on the fence, I HIGHLY recommend trying it. While I cannot claim it works for everyone, I can absolutely say this is my TOP natural remedy and will forever be in use in our home. I came to Amazon to buy the largest size they had, the 32 ounce. While it's not the cheapest oil to purchase, it's SO worth it.

10 comments

360 people found this helpful. Was this review helpful to you? [Report abuse](#)

Cured my daughter's hives

By [Westie](#) on July 17, 2016

Size: 8 Oz. **Verified Purchase**

My daughter had been breaking out in hives for weeks and we couldn't figure out why. We hadn't changes soaps, she hadn't changed her skin care routine, we hadn't changed anything! I had her to 2 different doctors and was preparing for a visit to the allergist so I read up on what to expect at the appt. I read that more times than not, even after the the allergist does the "scrape tests" on your skin, you never figure out what causes the hives. I further read that steroids and allergy meds are often prescribed. I hated the thought of giving my child these strong meds in the hope there would be an



Premium Black Seed Oil 8oz ★ Organic, Cold Pressed, Extra Virgin, Pure! Cold...

by LuLu Naturals

\$25.98

60



PURE BLACK SEED OIL - 16 OZ - 100% Pure and Cold Pressed Black Seed - NON-GMO and Vegan...

by Halaleveryday

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improvement in her condition so before her appt (had a 2 week wait to get in to the allergist) I read about Black Seed Oil and all the "magical" cures you get out of it. I was very skeptical so I ordered the product but continued to read about this cure-all and even sought out people who used it. EVERYONE had a story about how it helped them in some way so I figured, it's natural, it can't hurt.

When the oil arrived I was not prepared for the smell. I was warned it smelled & tasted like diesel oil and I believe this was an understatement. IT WAS STRONG. I thought there was no way I could give this to my daughter so I tried it and WOW, it was awful and the taste stayed with me all morning. I even found myself burping it; gross! Later I talked to my daughter & she said she was willing to try anything to get rid of the hives that now covered her legs, arms and lower back & stomach. So I gave her a dose along with a large glass of juice to kill the taste then sent her to school. I got a text from her at lunch saying the hives were gone. I thought she was kidding. SHE WASNT! That evening she showed me her clear skin and I thought, OMGosh, this stuff is magic! She continued the oil every day for over a week. Some days she did get a few hives here or there, but nothing compared to how they covered her prior to our oil "experiment". I ended up canceling the appt with the allergist and after a few weeks of a daily-dose of black seed oil a day, the hives were gone.

I will continue to keep a bottle of this oil on hand and have told others to read up on all the ailments its reported to help. I can only testify to it ridding my daughter of hives, but would definately recommend everyone learn more about this product

[Comment](#) 48 people found this helpful. Was this review helpful to you? [Report abuse](#)

Many ways to take this clean artisan healthful black seed oil

By [I Am a zon Customer TOP 100 REVIEWER](#) on May 27, 2012

Size: 8 Oz. [Verified Purchase](#)

I think anyone reading this review is probably already aware of the healthful benefit claims of taking black seed oil so I won't cover the basics but do want to add that as far as I know it is 500% stronger at raising glutathione levels than anything other than intravenous glutathione drip or slow-push.

I am very pleased with the artisan cold-pressed black seed oil I received from Amazing Herbs. I often feel that manufacturers are dishonest in their labeling but not so with Amazing Herbs. I felt the oil was solvent-free and I often taste solvents in other supposedly solvent-free oils by other manufacturers. Also this is artisan cold pressed and you can taste the quality. Also, mine is very fresh and definitely not rancid.

This very clean oil absorbs very well. You can apply to skin and it will absorb and make your skin silky smooth.

Why not add more pleasure to your life by optimizing how you get this black seed oil into your body?

***info from manufacturer's website

FAQ's About Black Seed

What is Black Seed?

Black Seed is a traditional herb that has been in use for thousands of years by people living in the Middle East and some parts of Asia and Africa to promote health and fight disease. It is also known the "Blessed Seed".

What are the essential properties of Black Seed?

Black Seed herb contains over 100 components, many of which still remain to be discovered. It is a rich source of unsaturated fatty acids and contains about 35% oil, 21% protein, and 38% carbohydrates. More than 50% of the oil are essential fatty acids. It's linoleic acid and gamma linolenic acid content help form Prostaglandin E1, which helps the body to inhibit infections, balances the immune system, and regulates allergic reactions. Gamma-linolenic acid also helps stabilize the cell membrane. Black Seed also contains about .5-1.5% volatile oils including Nigellone and Thymoquinone which are responsible for Black Seed's anti-histamine, anti-oxidant, anti-infective, and broncho-dilating effect.

What are some of the traditional uses of Black Seed?

Traditionally, Black Seed has been used for a variety of conditions and treatments related to respiratory health, stomach and intestinal complaints, kidney & liver function, circulatory and immune system support, and to improve general health. Its can be topically used for eczema, psoriasis, arthritis, inflammation, and scalp massage.

What scientific research has there been on Black Seed?

Since 1959, there have been over 200 studies at international universities and articles published in various journals showing remarkable results supporting some of its traditional uses. In 1960, Egyptian researchers confirmed that Nigellone was responsible for Black Seeds broncho-dilating effect. Recently scientists in Europe have confirmed the anti-bacterial and anti-mycotic effects of black seed oil. Scientists at the Cancer and Immuno-Biological Laboratory have found that Black Seed stimulates bone marrow and immune cells and raises the interferon production, protects normal cells against cell destroying effects of viruses, destroys tumor cells and raises the number of anti-bodies producing B cells.

What about the effects of Black Seed and Prostaglandin E1 on the Immune System?

Through the formation of Protaglandin E1, the complete immune system is harmonized and the body's over-reactive allergic reactions are stabilized. By also inhibiting infection, the immune system is able to prevent and control chronic illnesses. Healthy cells are protected from the damaging effects of viruses, inhibiting tumors. As a result Interferon cell protein is formed, inhibiting growth of damaging micro-organisms. Recently independent clinical studies published in the Archives of Aids also established some astonishing effects of Black Seed on the defense system by improving the ratio between helper T-cells and suppressor T-cells by a significant amount while also enhancing the natural killer cell activity.

What are some of the other Effects of Black Seed?

Black Seed helps support metabolism, digestion, and lowers blood sugars levels. It has been useful in the treatment of diabetes melitus. In digestive matters, Black Seed helps to stimulate bile and promote regularity, improve digestion, and has been used to fight worms and parasites of the intestinal tract.

What are the overall benefits of Black Seed?

Black Seed is a excellent herb with many benefits, especially when it comes to maintaining a strong and healthy immune system. It is also very useful to individuals suffering from asthma and respiratory complaints, weakened or over-stimulated Immune system, kidney or liver problems, digestive and stomach problems, arthritis and circulatory complaints, allergies and hay fever, and acne. Black Seed is a safe and excellent herb that can be used by anyone. It has no known side effects and has a long history of use for several thousand years.

What is more effective, Black Seed herb or oil?

Both are effective in their own standards. However, Black Seed oil is 3X more concentrated than the herb itself, but many people prefer using the herb to the oil. Caution should be taken when using black seed oil due the fact that many oil products are imported and may be adulterated or mixed with other oils. Some oils coming from the Middle East are extracted with heat and hexane, a petroleum by-product. Always use a product that is labeled as 100%, cold-pressed, solvent free, and packed and sealed by machine.

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1,192 people found this helpful. Was this review helpful to you? [Report abuse](#)

Warning - for those taking heart or cancer medications

By [Jon H. Thompson](#) on January 28, 2016

Size: 90 Softgels [Verified Purchase](#)

This review is a caution about this black seed supplements based on my own experience. Last night I woke up with what felt like a sinus headache and slight nausea. I got out of bed and found that I also had a severe loss of balance. The next morning the headache persisted although my balance gradually returned. The pressure in my head felt like the result of a sugar or salt binge. I thought back to what I might have eaten the day before. The only thing different was the black seed capsules, which had recently arrived in the mail. I did a web search and found many glowing reports of the health benefits of black seed. However, I also found that the Livestrong web site has this to say about the side effects of Black Seed: "...black seed can lower blood pressure to the point of hypotension, especially if you're currently taking a diuretic or antihypertensive medication. The drop in blood pressure impedes the transport of oxygen to the brain, heart and other organs. This can result in fatigue, nausea, blurred vision, shallow breathing, dizziness, lightheadedness and loss of consciousness. If blood pressure dips too low, it may be life-threatening." Livestrong goes on to say, "Black seed is also known to adversely interact with both chemotherapy medications and radiation, according to the Memorial Sloan-Kettering Cancer Center. Since it may act like an antioxidant in the body, this herbal supplement can decrease the efficacy of standard cancer treatments." Because I take a medication to lower my high blood pressure, I assume that the black seed lowered it even further, producing the noted effects. This is only a guess. I did not take the black seed this morning and by noon I was more or less back to normal, with only a slight headache. Those on cancer or heart medications might take note in case similar symptoms appear.

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63 people found this helpful. Was this review helpful to you? [Report abuse](#)

Amazing Grace Oil

By [Janie Mae Martin](#) on November 26, 2014

Size: 8 Oz. [Verified Purchase](#)

I have several auto-immune diseases that have been attacking my body for more than 15 years. Over the years I have gotten progressively worse. I experience severe joint pain, fatigue, muscle pain, depression and other symptoms that have all but stolen my joy, youth, spirit, and will to endure another day. I've grown tired of taking 15- 20 medications that do nothing but financially deplete me, and physically have me incapacitated or in-coherent. I tried Black Seed Oil because I was told by a stranger who came up to me and told me about the oil. The oil does exactly what it says. My pain isn't completely gone, but it is significantly better and not so intense since I started taking the oil. Also, I use the oil on my hair because it was almost bald because of all the biological and immune suppressant drugs that I take. My hair has gotten thicker and it sheds less. I use the oil on my skin, it was so damaged with blemishes and sores, which I tried to hid under makeup. I have seen a dramatic difference in my skin as well, it has improved in its elasticity and it is more supple. I've been taking the oil for approximately 3 weeks. I bought the capsules and for some reason they don't do nothing for me. My body doesn't respond to the capsules. I found out something important about the oil that was most amazing, I forgot to take it one day, and all of my symptoms immediately re-appeared. I was in so much pain, agony, and discomfort I tried taking everything, but found no relief. I had gotten off of most of the prescribed medication and my doctor didn't know it. I have high blood pressure too, and the oil lowered my high blood pressure. Finally, I took a teaspoon of Black Seed Oil and within minutes the pain sub- sided. Now as a daily regiment I take 1 teaspoon in the morning and 1 teaspoon before bedtime. I pray my experience helps someone. I will continue to purchase the oil for as long as I can. All I can say is all praises to the Lord, and the person he sent to tell me about the oil. I was at my wits end battling all these diseases. Lord thank you, thank you, thank you !!!!!

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432 people found this helpful. Was this review helpful to you? [Report abuse](#)

DO NOT BUY!! In comparison to the previous ...

By [AliGale](#) on December 26, 2016

Size: 180 [Verified Purchase](#)

DO NOT BUY!! In comparison to the previous batches this one Lot #UC160661 is vastly less concentrated than the previous batches. I attached a picture to show the comparison, the old batch is on the right. THIS IS A COMPLETE DISHONEST RIP OFF!!!!



[Comment](#) 31 people found this helpful. Was this review helpful to you? [Report abuse](#)

I recommend it to everyone for health benefits

By [sunshine](#) on August 20, 2016
Size: 8 Oz. [Verified Purchase](#)

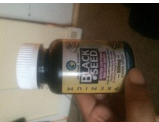
I have taken four doses of the black seed oil and I have energy I haven't had in over six months!!! I recommend it to everyone for health benefits. It does have a really strong taste of oregano to me, but it's ok. I am looking forward to the health benefits!!!
Day 3 Follow-up: I am a Type 2 Diabetic, after 3 days of using this product, my sugar was went from 176 to 84, and after eating potato skins with dinner, my sugar was 104. My sugar has not been this low in over 25 years although I wasn't diagnosed as diabetic until 2000. I will use this oil as part of my daily diet.

[2 comments](#) 15 people found this helpful. Was this review helpful to you? [Report abuse](#)

I love it, sense I've been taking this I haven't ...

By [Amazon Customer](#) on June 14, 2016
Size: 90 Softgels [Verified Purchase](#)

I've been using black seed for a while now, and it's much reasonable getting from u guys.. It is what it say it is... THE BLESS SEED... It helps with blood pressure, and many other problems in the body. It's goes straight to the problem in the body and demish it. I love it, sense I've been taking this I haven't had problems with anything.. Every time I go to my Doctor I get a good report... ☺



[Comment](#) 24 people found this helpful. Was this review helpful to you? [Report abuse](#)

So many uses!

By [Clint Adam](#) on March 14, 2016
Size: 16 oz [Verified Purchase](#)

Truly amazing product! I use it twice daily for fat loss as well as the health benefits. I make a tea with hot water, 1 tablespoon of black seed oil, honey, and organic cinnamon at night before bed and first thing in the morning on an empty stomach. I have noticed midd section fat loss after the 3rd day. This mixture is absolutely amazing!

[Comment](#) 41 people found this helpful. Was this review helpful to you? [Report abuse](#)

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